

Coffee Talk Express



Friday February 17th, 2023

The Lion Inn
250-788-9990 & Suites
Weekly & monthly rates available
thelionsuite.com 5132 46th Ave



Buying or Selling?

Jodie Ethier
Personal Real Estate Corporation

250 788 5043



RE/MAX Dawson Creek Realty

WELCOME to CHETWYND

Weather Forecast for February 18th thru 21st

2°C	-3°C	-14°C	-18°C
A mix of sun and cloud	Periods of snow	60% Chance of flurries	60% Chance of flurries

BULLYING STOPS HERE!
TOGETHER WE CAN MAKE A DIFFERENCE

Don't forget Pink Shirt Day is February 22nd! Show your support



BULLYING STOPS HERE!
TOGETHER WE CAN MAKE A DIFFERENCE

CFSEU-BC Investigation into Northern BC Drug Trafficking Operation Leads to Seizure of Drugs, Cash and Firearms.

An 8-month long investigation by the Combined Forces Special Enforcement Unit of British Columbia's (CFSEU-BC) North District Team has resulted in the seizure of a large quantity of drugs, firearms, and cash.

In June 2022, CFSEU-BC's North District Team began a drug investigation, working collaboratively with policing partners in Fort St. John, Dawson Creek and Fort Nelson. The investigation led investigators to individuals believed to be involved in a large-scale drug trafficking operation based in northern British Columbia.

The investigation resulted in CFSEU-BC executing 13 search warrants between October 13, 2022 and January 23, 2023 in several Peace Region communities. Included in the seizures were cocaine, methamphetamines, 3000 cartons of contraband cigarettes, 34 firearms, several vehicles, various drug trafficking items and paraphernalia, score sheets, money counters and scales.

"These arrests have resulted in the significant

disruption of an entrenched organized crime group in Fort St. John, Dawson Creek and Fort Nelson," says Cpl. Madonna Saunderson, BC RCMP. "CFSEU BC brings the necessary resources and skill set to ensure detachments are supported in any efforts to tackle large-scale drug trafficking operations."



The investigation continues as investigators prepare disclosure documents for Public Prosecution Service of Canada (PPSC), in support of the charge approval process. The 23 people were arrested and released pending charge approval and the judicial process.

CFSEU-BC would like to thank and recognize the Fort St. John, Dawson Creek and Fort Nelson RCMP Detachments for their assistance throughout the investigation.

- Courtesy of Media Spokesperson: Sergeant Brenda Winpenny

PENCIL BOX
CREATIVE SERVICES
PROMOTIONAL ITEMS

T-SHIRT
SWEAT SHIRTS
POLO SHIRTS
TOWELS
BLANKETS
WINE BOX
SLATED PICTURES
MUGS
BEER STEIGNS
AND MORE!

HIGH QUALITY PRINT with the help of advanced DIRECT TO GARMENT PRINTING

EVENTS, TEAMS, CLUBS, SCHOOL, FAMILY REUNIONS ANY TYPE OF BUSINESS

Contact us

PH: 250-788-3422

stationery@thepencilbox.net

250-788-2938 24 hour answering service
Cell: 250-788-5070
Specializing in Oilfield Fresh Water Delivery Services

CHETWYND FRESH WATER (2011)

MCKEE VACUUM TRUCK SERVICES LTD
Septic & Oilfield Services
Cell: 250-788-5070

ROYAL LEPAGE
ASPIRE REALTY

Thinking of buying or selling?
Call Our Office Today!

250-788-9225



ANTHONY BOOS
250-719-5454



KAREN BOOS
250-788-6598



JULIA NELSON
250-788-6707



advertising@coffeetalkexpress.com classifieds@coffeetalkexpress.com
SERVING CHETWYND AND AREA - CHECK OUT OUR WEBSITE COFFEETALKEXPRESS.COM

PH: 250.788.3422

Coffee Talk Express has exclusive copyright of all advertisements, photographs and content created by Coffee Talk Express staff. Any reproduction requires consent of the owner. Some or all of the content published is not necessarily the views and/or opinions of Coffee Talk Express

Free Classifieds

Classifieds are for personal use only and are published on a first-come, first-served basis. To submit your personal classified ad Email: classifieds@coffeetalkexpress.com

FOR RENT

Available Feb 1st, 2 bedroom suite in Moberly Lake across from golf course. All Inclusive. Security Deposit required. \$1,300.00 / month. Call 326-795-7990

3 bedroom trailer available ASAP. Washer/Dryer/All Appliance. Fully furnished. \$1500 per month. Utilities not included. Call Ernie @ 1-780-740-5670.

Room for rent. Clean and Quiet. Call 250-788-5905

Bed Sitting Room w/Queensize bed, fridge &

microwave, TV & Wifi. Own bathroom. Own entrance w/key. Very quiet & clean. Call 250-788-3577

Cabin for rent - Clean & Quiet. Call 250-788-5905

Room for rent, private room at end of house. No noise. \$525 per week includes meals. Call 250-219-6514 Email regmiller@hotmail.com

38 Foot travel trailer for rent on a quiet lot. \$ 250.00 per week. Please email roca33@live.com for more information. Call 250-788-2501

2 Bdrm Apartment, Partially furnished available immediately. Clean, quiet building all utilities included w/air conditioning. \$1250/month. Call 250-999-9319

PETS/LIVESTOCK

7 free kittens. Just in time for xmas. 9 weeks old. 3 black/white, 3 tabby's and one grey and white. Call 250-875-7704 for more info

Looking to re-home our 5 year old female husky/pitbull cross. She would be best fit on an acreage. For more information and pictures text 250-329-4661 or 250-329-5458

Chausie X Bengal hybrid intact blue male cat. DOB 06/06/18. Vet checked, 1st shots, dewormed. \$300 approved knowledgeable home, delivery. Text 250-329-5482 or email flashover1972@hotmail.com

10 week old gorgeous lilac merle female F1b French puppy. C/w first shots, vet check, dewormed x2. Sold on spay contract. \$2500. \$500 back to owner upon spay. Text 250-261-5831 Delivery available.

1 female adult cat & 3 small kittens to give away to good homes. All good mousers! Please call Erica @ 250-875-7336

IGA IS HIRING



**Meat Cutter
Trainee**
No Experience
Necessary, but is an asset

Must be able to work assorted shifts, be reliable, have great customer service, and work in a fast-paced environment.

Please drop off resume or pick up an application at the office

"People who love themselves, don't hurt other people. The more we hate ourselves, the more we want others to suffer."
- Dan Pearce

"It's very important to choose kindness and stop bullying."
- Jacob Tremblay



Robert Donald Schilling

It is with heavy hearts that we announce the passing of Robert Donald "RD-Bob-Bobby" Schilling, long time resident of Chetwynd, British Columbia. Bob passed away peacefully with loved ones by his side on Sunday, February 12, 2023, at the age of 73 years.



A Celebration of Life for Robert will be held at a later date.

For friends so wishing, donations may be made in memory of Robert to the BC Children's Hospital Foundation, 938 West 28 Ave, Vancouver, BC, V5Z 4H4

Very Respectfully, Reynars Funeral Home and Crematorium



School District 59
Peace River South

Groundsman

School District No. 59 (Peace River South) is accepting applications for the following position.

Permanent position available for a Groundsman, position based in Chetwynd.

Experience operating equipment is required.

The School District will accept applications from current C.U.P.E. employees and open to external applicants.

The applicant must have a valid Class 5 Driver's License with heavy trailer endorsement or class 3.

The position is one that has inherent sensory and physical tasks and as such the job requires the capability to perform tasks such as lifting, pushing, holding, reaching, bending and carrying.

Those interested should apply in writing to the undersigned no later than 11:00 a.m., February 24, 2023

We offer competitive wages and good working conditions.

Applications can be obtained by calling the School District Office or downloading an application form from our web site at <https://www.sd59.bc.ca/employment>.

Wade Simlik
Director of Operations
School District No. 59 (PRS)
11600-7th Street
Dawson Creek, B.C.
V1G 4R8

Free Classifieds

Classifieds are for personal use only and are published on a first-come, first-served basis. To submit your personal classified ad
Email: classifieds@coffeetalkexpress.com

HUNTING/SPORT GOODS

C.I.I 12 gauge double bbl shot gun, 2/3 Churchill model full modified for upland game not ducks. \$1200 Text me 1-780-777-3580

For Sale (As is) - x2 Pool Cues - 19oz each, used condition. \$20 each. Bow, arrows, quivers (x2) & case. Browning Deluxe Nomad XL Series hunting and practice arrows. Broken but fixable condition. \$100. Call Gord 250-788-2896

PROPERTY

Vacant land coming to market 5118 42 St Chetwynd large lot at a great price, Call 403-890-9463

3 Bdrm 2 Bath 2007 Mobile home for sale or rent in Aspen Trailer Park. Gas Furnace and AC. Fully furnished. Available immediately. Call 250-788-6254

3 Bedroom, 1 1/2 bath. Located in Pinewood Trailer Park, Currently rented and is a good investment property. Call 250-401-1985 for more information.

WANTED

Looking for at least 20 large hay bales, 1500 lbs+. Our supplier is out due to unfortunate circumstances. Please call or text 250-401-3117.

Looking to get 1 gallon of fresh cows milk and 2 dozen eggs weekly. Call Fred 261-3133 or Pearl 401-1157

Looking for a live-in position long term as a child care giver. Can also take care of older people additionally doing also light housekeeping, vegetarian cooking, and in-season organic garden in the country setting. Position has to be all-year round and in exchange full room and board and some financial reimbursement as employer can afford. Please leave your phone number with details about work with Jaeger c/o General Delivery in Chetwynd BC.

Looking for older/lower competition type players. to play hockey on Sundays @ 4:15. Male and female players welcome. Must be 19+. Call 250-401-1870 to sign up.

"Never be bullied into silence. Never allow yourself to be made a victim. Accept no one's definition of your life, but define yourself." - Harvey S. Firestone





Chetwynd Meals on Wheels Society

Delivering home cooked meals Tuesdays and Thursdays for \$10 per meal.

Orders due the previous Friday. Visit the [Chetwynd Public Library](#) to pick up order forms or simply go to our [Chetwynd Meals on Wheels Facebook](#) page!

A special THANK YOU to Northern Lights College for the use of their kitchen while renovations are being completed at the Pine Valley Seniors Hall. Without this type of support our program would not be possible.

We are a volunteer program and are always looking for drivers to help deliver once a week or once a month.

Contact us at 250-788-5335 for more information.





OPEN -
11AM-9PM Tues Thru Sat
3PM-9PM Monday
11AM-3PM Sunday

LOCATED IN THE STAGECOACH INN
5413 S ACCESS ROAD
250-556-4177



NOW HIRING

Experienced dozer and excavator operators.

Competitive wages
Excellent Benefits

Scan to Join Now!



Or email resume to reception@dcclp.com



RCMP-GRC
ROYAL CANADIAN MOUNTED POLICE • GENDARMERIE ROYALE DU CANADA

We are looking for a casual office administration assistant. Position includes but is not limited to filing, transcription, answering phones, working front counter, fulfilling police information checks and some court duties.

Candidates are requested to email resumes to amber.mosher@rcmp-grc.gc.ca by February 17th, 2023.

Successful applicant will be subject to an extensive security clearance.



Royal Canadian Mounted Police
Gendarmerie royale du Canada



Free Classifieds

Classifieds are for personal use only and are published on a first-come, first-served basis. To submit your personal classified ad Email: classifieds@coffeetalkexpress.com

MISCELLANEOUS

For Sale - 1 pool table, 1 shuffle board, 1 ping pong table. All in good condition. Call 250-788-2714

Found items at Coop Cardlock. If you left something behind there please call Jim @ 867-536-4594 to identify and claim.

For Sale - Garage/Workshop Heater. 240v 4000w. New Home Hardware. Call Calvin 250-788-6424

For Sale - Truck Chains. Triple with studs. New. Comes with bags and info. Call Calvin 250-788-6424

Lost ladies silver Bulova watch with links watchband. Please contact 250 788 3925

Split Aspen firewood (fire killed): \$125.00 8 ft pick-up box, tossed in, level with top of box. Delivery \$10.00 to Chetwynd, \$20.00 to Dawson Creek. Firewood in bulk bags is also available. Call for price 306-661-0211

For Sale - Corner Executive Desk in excellent condition. Asking \$300.00.0 Call 250-788-3252

Electric Scooter & Electric Wheel Chair. Call 250-401-7289

PINK SHIRT DAY



VEHICLES/PARTS/FARM EQUIP./HEAVY EQUIPMENT

Pair of utility vehicle rims and tires. 28x11xR14. Used. \$75.00. Call 250-788-2432

2 horse trailer for sale. \$5000. Call 250-788-3951

1997 Buick Car 4 Door. Best offer takes it. Lost ignition key. Call 250-401-7509

Toyo Observe G3 Ice 235/60 R18 studded winters. Good Shape. Call 250-401-1447

2003 Freightliner for sale \$15,000 OBO. Serious buyers only. Trades negotiable. Call Russel @ 250-788-3959

Two winter tires. 225/60R17. Not enough tread for a season but will make good spares. Pick up in Chetwynd \$50/each. Call Andrea: 250-401-7226

"Bullying is a horrible thing. It sticks with you forever. It poisons you. But only if you let it."

- Heather Brewer

REC VEHICLES

1999 Harley Davidson Road King, Pre Electric 115520KM Call 250-788-2754 after 6pm

1997 5th Wheel, 27' Corsair Excella. Exc Cndtn, Tub & Shower, 10' slide, Winter Package, queen bed & Hide-a-Bed, Air conditioner & Microwave. Asking \$12000 Call (780) 897-1033

1992 Ford Triple E Motorhome. Runs great, air ride works, tires are good, new battery last summer. 71,000 kms. Needs new fridge and awing. \$4500 OBO Call 250-401-8147 or 250-401-8317

PINK SHIRT DAY



District of Chetwynd
has the following
job openings:

- Summer Student Labourer – Parks
- Summer Labourer – Public Works
- Summer Visitor Centre Office Assistant
- Program Attendant

Please visit our website at www.gochetwynd.com or contact Deanne Ennis at 250-401-4105 or DEnnis@gochetwynd.com for more information



DISTRICT OF CHETWYND Proposed Official Community Plan (OCP) Amendment Bylaw No. 1156, 2023, and Proposed Zoning Amendment Bylaw No. 1157, 2023 NOTICE OF PUBLIC HEARING

Pursuant to Section 465 of the *Local Government Act* RSBC 2015, the Council of the District of Chetwynd gives notice it will hold a Public Hearing to consider the above-named bylaws:

Date: February 21, 2023
Time: 4:00 p.m.
Place: Council Chambers

The proposed OCP amendment bylaw will change the land use designation of the property known as Block E, District Lot 1814, Peace River District, Except Plan 31468 from Parks, Trails and Greenspace to Industrial and the proposed Zoning amendment bylaw will change the zoning from Single Family Residential (R1) and Light Industrial (M1) to Light Industrial (M1) on the subject property known as **4725 Nicholson Road** to reflect the existing industrial use on the subject property; and

The proposed OCP amendment bylaw will change the land use designation of the property known as Lot 1, District Lot 1814, Peace River District Plan 31468 from Low Density Residential to Industrial and the proposed Zoning amendment bylaw will change the zoning from Single Family Residential (R1) to Light Industrial (M1) on the subject property known as **4728 48A St NW** to reflect the existing industrial use on the subject property.

All persons who believe their interest in property may be affected by the proposed bylaws and wish to register an opinion may do so by:

1. Appearing before Council at the said Public Hearing; and/or
2. Forwarding written submissions for Council's consideration, prior to 4:00 p.m. February 21, 2023, to District of Chetwynd, P.O. Box 357, Chetwynd, BC, V0C 1J0; Fax: 250-401-4101; or Email: d-chet@gochetwynd.com

The bylaws and other written information pertaining to this matter may be viewed at www.gochetwynd.com, or at the District of Chetwynd Office located at 5400 Hospital Road, between the hours of 8:00 a.m. to 4:30 p.m., Monday to Friday inclusive, excluding statutory holidays, February 8, 2022 to February 21, 2023.

Any inquiries should be referred to the District of Chetwynd, Telephone: 250-401-4100, Fax: 250-401-4101, Email: d-chet@gochetwynd.com or by mail to P.O. Box 357, Chetwynd, BC, V0C 1J0

Dated this 7th day of February, 2023
Deanne Ennis, Corporate Officer

CHETWYND SENIOR CITIZEN'S HOUSING SOCIETY

IS LOOKING FOR A FACILITIES MANAGER

- Will be in charge of a small staff
- Will be responsible for 2 seniors housing complexes with 24 units
 - Able to communicate with different levels of Government
 - Able to work with seniors
- Computer & finance skills an asset

PLEASE FORWARD RESUME TO -
LONESTAR SPORTING GOODS
OR
SENIORSHOUSING1679@GMAIL.COM



BULLYING STOPS HERE!

TOGETHER WE CAN MAKE A DIFFERENCE

Be sure to send us your stories of somebody you know standing up to bullying or putting kindness first.

Send us a message on Facebook to nominate somebody who deserves recognition!

And don't forget the prizes!!

"The meanest people are the weakest people, for they do not even have the strength to believe in goodness. Do not let this be your life's curse."

- Sean Patrick Brennan



SAVE THE DATES

Saulteau First Nations Pemmican Days

July 7, 8 & 9, 2023

Pemmican Grounds at Saulteau First Nations, Moberly Lake BC

For those of you who would like to donate, volunteer time or sponsor any of the Pemmican Day Events, please contact Paula at pgammie@saulteau.com

Saulteau First Nations would like to thank all our sponsors for their generous contributions and supporting this endeavor

Sponsors 2022 Pemmican Days

Bayview Falling Ltd.
 Diamond Willow Consulting
 Arc Resources Ltd.
 Nova Gas Transmission
 Aecon-Flatiron-Dragados EBC Partnership
 Fortis BC Energy
 Canadian Natural Resources Ltd.
 BC Hydro
 Pacific Canbriam Energy
 Surerus
 Niven & Associates Inc.
 Capital Power
 Little Prairie Community Forest
 Industrial Scaffold Services LP
 Landsong Heritage Consulting
 Roy Northern Environmental Ltd.

Crew Energy Inc.
 Tourmaline Oil Corporation
 Avenge Energy Service
 West Frazer
 Conuma Resources Ltd.
 Securiguard
 Northriver Midstream
 Strait
 Coastal Gaslink Pipeline
 DFI Corporation
 Allteck Limited Partnership
 NENAS
 Ovintiv Canada ULC
 GFL Trucking
 Peace River Hydro Partners
 Alta Gas Ltd.

We also want to send out a huge thank you to any sponsors we may have missed, and those who volunteered and helped out behind the scenes to make last year's Pemmican Days a huge success.



PENCIL BOX

PH: 250-788-3422
stationery@thepencilbox.net

T-Shirts, Hoodies and Sweatshirts.
 Pillow Cases, Cloth Bags
 and so much more!

WHY CHOOSE
Direct to Garment

Direct printing offers
 vivid, crisp
 reproduction of text
 and images.
 While vinyl overlays
 can reproduce a nice
 image (assuming the
 original file is a high
 resolution or vector image)
 it won't be as sharp or
 vibrant as direct
 printing





More peer support now available at Foundry BC

StrongerBC

Youth Support Youth With New Provincial Grant

"Peer workers will help youth overcome barriers to employment and turn lived experience into work experience."

Youth peer support is one of the core services offered at Foundry. Peer support is based on the idea that those who have experienced adversity can draw from their own lived experiences to provide support, mentorship and encouragement to others facing similar situations.

"When young people make the courageous decision to reach out for help, we need services to meet them," said Jennifer Whiteside, Minister of Mental Health and Addictions. "Peer support workers are a critical component of the services Foundry provides. This grant will help youth get the services they need and deserve, as we continue to open more Foundry centres across the province in the months to come."

Peer support services are a vital and fast-emerging profession in youth-serving health and wellness institutions in B.C. and around the world. They meet the rising wellness needs of young people, in addition to increasing career entry points for youth facing multiple barriers to

employment.

"Peer support workers allow for people to combine their own lived experience and training to help youths overcome barriers that they themselves overcame," said Selina Robinson, Minister of Post-Secondary Education and Future Skills. "This program helps meet not only the rising demand for youth wellness services, but also provides more opportunities for youth facing barriers to move into stable careers."

The provincial grant is for three years and comes from the 2022-23 Canada-British Columbia Labour Market Development Agreement. In addition to funding youth peer support workers, funding will also evaluate the effectiveness of youth peer support as a core service in primary health-care settings for young people.

Enhancing supports for youth living with mental-health and substance-use needs is an integral part of A Pathway to Hope, B.C.'s roadmap for building a comprehensive system of mental-health and addictions care for British Columbians.

- Courtesy of BC Gov News



CERTIFIED TRADES Merritt, B.C.

Aspen Planers Ltd is a local dimensional lumber manufacturing facility in the heart of the Nicola Valley. Our commitment to the forest industry and our people spans greater than 50 years and will continue to flourish.

Currently we are seeking applications for the following positions: JM Millwright, JM Planerman, JM Sawfiler and JM Electrician.

As Journeyman Millwright/Planerman

The successful applicant will hold an interprovincial ticket with a strong background in hydraulics. In addition a valid welding ticket is preferred. Experience working in a sawmill environment is a definite advantage. Shift work is a requirement.

Certified Sawfiler

The qualified candidate will need to hold a valid interprovincial JM Sawfiler ticket. Experience working in a sawmill environment is a definite advantage. Shift work is a requirement.

Certified Electricians

The applicant will need to possess a valid interprovincial ticket. They will apply their skills to maximize uptime, quality and production, having sound knowledge of working with PLC's and proven programming skills is required.

Interested applicants should submit their resumes

To: Sheree Simon

Fax: 250-315-4237

Email to: shereesimon@apgroup.ca

We thank all applicants who express interest, however only those selected for an interview will be contacted.



PENCIL BOX CREATIVE SERVICES

DESIGN ~ PRINT ~ DIGITAL ~ SCAN ~ FAX
PROMOTIONAL PRODUCTS ~ LAMINATE

ONE-STOP-SOLUTION FOR ALL YOUR MARKETING AND ADVERTISING NEEDS!

Banners ~ Brochures
Business Cards
Event Invitations
Memorial Cards
Folders ~ Logo Designs
Newsletters ~ Postcards
Posters
Signage ~ Stationery
And MORE!

PH: 250-788-3422
stationery@thepencilbox.net



MARKETING/ADVERTISING
BUSINESS ESSENTIALS/STATIONERY
SIGNAGE - INDOOR/OUTDOOR



Chetwynd Forest Industries, a division of West Fraser Mills Ltd.

Public Review and Comment of: Forest Operating Plan

Notice is hereby given that Chetwynd Forest Industries, a division of West Fraser Mills Ltd. will make available for public review our proposed Forest Operating Plan for harvest operations within the Dawson Creek Timber Supply Area.

The West Fraser Plan will be available for public review and comment at the Chetwynd Office of West Fraser Mills Ltd. (3598 West Fraser Road, Chetwynd, BC) from January 3 to March 4, 2023 during regular office hours. Contact Sean West, RFT at 250-788-4418 for assistance with the review.

Please ensure comments are received by March 4, 2023.

Written comments should be addressed to Sean West, Chetwynd Forest Industries, P.O. Box 330, Chetwynd BC, V0C 1J0 or sean.west@westfraser.com



EVERY THURSDAY AT 7 PM!

Game 1: \$1,000

Game 2: \$1,800

Game 3: \$4,000

FOLLOW US ON YouTube

Egg Roll in a Bowl

This egg roll in a bowl recipe is easy to make, incredibly delicious, filling, and much healthier for you than fried egg rolls! It's ready in under 30 minutes.

Ingredients

- 1 tablespoon olive oil
- 1 pound ground pork
- 14 ounces coleslaw mix (shredded cabbage and carrots)
- 1/3 cup scallions chopped
- For serving: hoisin sauce, sriracha sauce, and cooked rice optional, to taste
- Sauce:
 - 2 cloves garlic minced
 - 1 teaspoon fresh ginger grated
 - 1 teaspoon toasted sesame oil see note
 - 1 teaspoon apple cider vinegar or rice vinegar
 - 1/2 teaspoon sugar
 - 1/2 tablespoon sriracha sauce optional
 - 1/3 cup low-sodium soy sauce

Prep Time - 10 minutes
Cook Time - 15 minutes
Total Time - 25 minutes
Servings - 4

Directions

1. Add the sauce ingredients to a bowl and whisk together.
2. Add the oil and pork to a large skillet over medium-high heat. Cook the pork, breaking it up with your spoon as you go along, until it's no longer pink (about 6 minutes).
3. Pour the sauce into the skillet and stir to coat the pork.
4. Add the coleslaw mix to the skillet and cook, tossing often (it's easiest to do this with tongs) until the cabbage is tender-crisp and the pork is cooked through (about 4-5 minutes).
5. Stir in the scallions.
6. Serve immediately with a drizzle of hoisin sauce (high recommend!) and/or extra sriracha sauce. This dish is delicious by itself or served over rice.

Nutrition

Calories: 382kcal | Carbohydrates: 9g | Protein: 22g | Fat: 29g | Saturated Fat: 10g | Polyunsaturated Fat: 3g | Monounsaturated Fat: 14g | Cholesterol: 82mg | Sodium: 834mg | Potassium: 567mg | Fiber: 3g | Sugar: 4g | Vitamin A: 191IU | Vitamin C: 40mg | Calcium: 68mg | Iron: 2mg



SUDOKU

Puzzle #893

Level: Advanced

	2	6					5	
		8				4	2	
			8		1			
		7					8	6
			7	5			9	
					6	3		
	9	1	3					
					2		4	
						6		

HOW TO PLAY:

Fill in the grid so that every row, every column and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: you must not repeat the numbers 1 through 9 in the same line, column or 3x3 box.

Solution To Puzzle #892

1	3	8	4	7	9	6	5	2
9	5	6	2	8	3	7	1	4
2	4	7	1	5	6	9	3	8
5	6	2	7	3	1	8	4	9
3	7	4	9	6	8	1	2	5
8	1	9	5	4	2	3	7	6
6	8	5	3	1	4	2	9	7
7	2	1	8	9	5	4	6	3
4	9	3	6	2	7	5	8	1



FEBRUARY 22 2023

Nominate and tell us your child's act of kindness!

Chetwynd Drug Mart and the Pencil Box are looking for a child who demonstrates exceptional kindness and support for others within our community! If you or some one you know knows a child like this, please email chetwyndfs@pharmachoice.ca or through Facebook messenger for the coffee talk, tell us their story and let us know why you think they are deserving for the chance to win a gift basket sponsored by Chetwynd Drug Mart and The Pencil Box. Draw ends February 17th, 2023. Good Luck and remember to

BE KIND

SALO DENTURE CLINIC LTD.

Adrianna Salo, D.D.R.D
Certified Denturist
Serving the
Peace Country

- Services direct to the public
- Full & Partial Dental Fabrication
- Same day repairs, adjustments & relines
- Accept all insurance plans

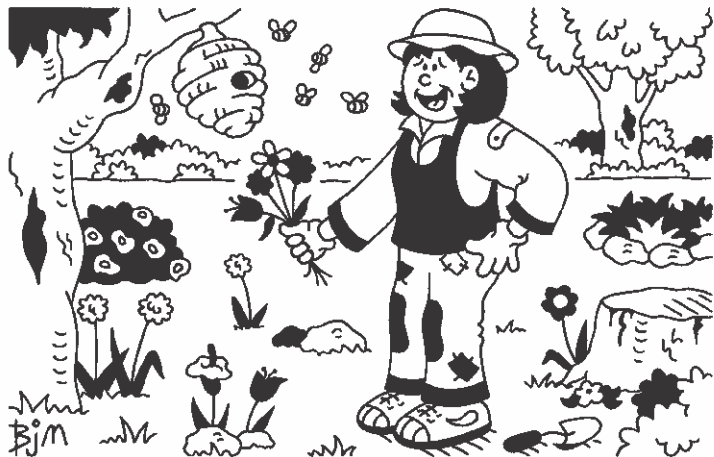
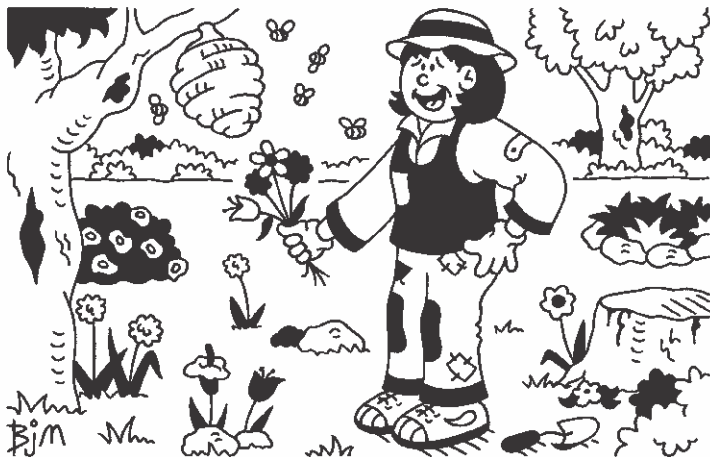
Extended hours by Appointment

#2 - 10415 10th Street
Dawson Creek

Local: 250-782-2740
Toll Free: (866) 782-2740

ComParrot
by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?

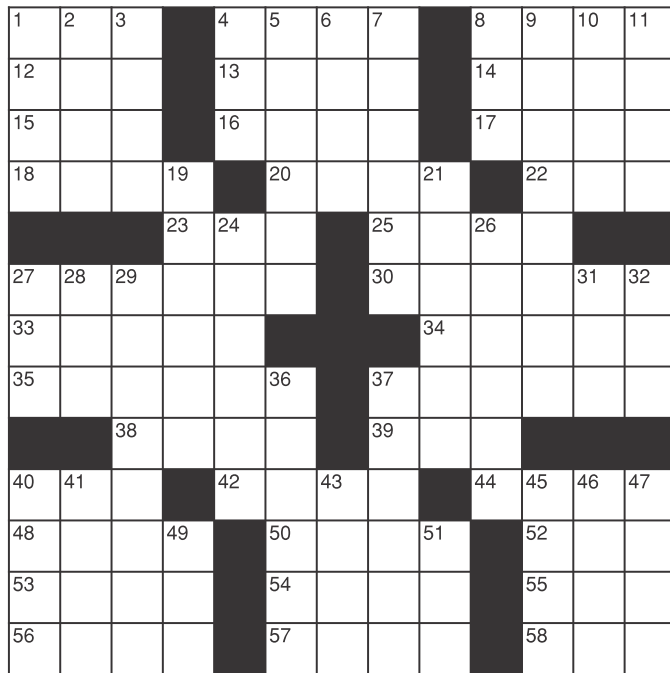


Solution: 1. Pocket on lady's vest is missing. 2. Stripe on hat is missing. 3. Patch on pants is colored in. 4. Flower in bouquet is colored in. 5. Bee has moved. 6. Tab on shirt sleeve has moved. 7. Flower beside tree is taller. 8. Branch on tree is wider. 9. Arm opening in vest is larger. 10. Flower by stump is different. 11. Tuft of grass under tree is reversed. 12. Opening appears in hive.

Coffee Talk Express has exclusive copyright of all advertisements, photographs and content created by Coffee Talk Express staff. Any reproduction requires consent of the owner.
Coffee Talk Express Phone: 250-788-3422 Fax: 250-788-3405 Website: www.coffeetalkexpress.com February 17th, 2023

Crossword Puzzle

Puzzle #893



ACROSS

1. Loud noise
4. Wise birds
8. Cave sound
12. 21, e.g.
13. Fall
14. Hold
15. ____-advised
16. Secluded valley
17. Shell out
18. Food shop
20. Exclamation
22. Down yards
23. Puss
25. Wise
27. Salad-bar garnish
30. Cheer
33. Long narratives
34. Actor Michael ____
35. Merchant

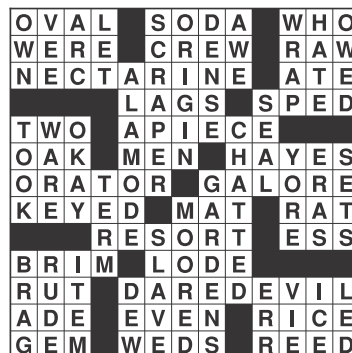
37. Reimburses
38. Tableland
39. Mine's output
40. Winning serve
42. Fine sand
44. Legend
48. Large rodents
50. Computer fodder
52. Cow's sound
53. Hard trip
54. Always
55. Corn piece
56. Limber
57. Damp
58. Sneaky

DOWN

1. Reimbursed
2. Peer
3. It holds water

4. Offbeat
5. Circle of greens
6. Lounge
7. Spatter
8. Coop output
9. Standards
10. Busy spot
11. Unbarred
19. Winter pendant
21. Cup's mate
24. Rate
26. Vine fruit
27. Angry color
28. Big monkey
29. Circle measurement
31. Indefinite number
32. Stags
36. Attacked
37. Decayed
40. Handicrafts
41. Criticize
43. Volcano overflow
45. Tavern beverages
46. Motive
47. Askew
49. Blue yonder
51. Genesis ship

Solution To Puzzle #892



Trivia

1. What iconic company did Steve Jobs start?
2. What is the largest mammal?
3. What is the largest organ in the body?
4. What is the world's largest ocean?
5. Where was the game of checkers invented?
6. Where did the Olympics start?
7. How long is a giraffe's tongue?
8. Approximately how many miles is the earth's circumference?
9. How many bones do sharks have?
10. How many minutes are in one week?
11. What was the first country to give women the right to vote?
12. Whose real name is Colson Baker?
13. How many keys are on a standard piano?
14. What was the first hair dye made out of?
15. In what country will you find the world's tallest building?

Answers -
 1 - Apple 2 - Blue Whale 3 - Skin
 4 - Pacific Ocean 5 - Egypt 6 - Greece
 7 - 21 Inches 8 - 24901 Miles 9 - Zero
 10 - 10080 11 - New Zealand
 12 - Machine Gun Kelly 13 - 88
 14 - Bird Poop 15 - United Arab Emirates

Home Hardware is currently looking to hire a Cashier Yard Person

Cashier responsibilities include

- Receiving payments
- Issuing receipts
- Keeping track of all cash and credit transactions
- Maintain clean and tidy checkout areas
- customer service
- answering phones

Email resume to
whitney.coon@homehardware.ca

TIRECRAFT
 Chetwynd
 Hiring an
 Experienced MECHANIC
 Full Benefits following probation period
 Apply in Person at the TIRECRAFT shop

Open Mic at the Legion Lounge
 Friday February 24th at 7:00 pm

Bring your instruments
 2-50\$ gift card draws



OPEN
 MIC
 NIGHT

Equipment Set up
 courtesy of
 LifeCycle Events





For the
up-and-coming artist

Pink Shirt Day



SUDOKU 6x6

					4
		6			3
		2	5		6
		5			1
	3	1			
6		4	1		5

COMPLETE EACH GRID WITH THE
NUMBER 1 - 6 KEEPING IN MIND THAT:

- a number can only appear once per row
- a number can only appear once per column
- a number can only appear once in each box of 6 squares

2	5	3	6	1	4
1	4	6	2	5	3
3	1	2	5	4	6
4	6	5	3	2	1
5	3	1	4	6	2
6	2	4	1	3	5

HOROSCOPE

WEEK OF FEBRUARY 19 TO 25, 2023

The luckiest signs this week: Aries, Taurus and Gemini



ARIES You'll be distracted this week. You may be tired and need to rest. Your creativity will impress many after you produce a masterpiece.



TAURUS You'll discover a mountain of files at work that you must take care of urgently. This situation will help you become more organized and efficient, relieving stress.



GEMINI Before undertaking a major project, take the time to relax and enjoy yourself. A promotion, for example, calls for a celebratory drink. Embrace the new challenges ahead of you.



CANCER The idea of taking a trip or going on an adventure will stimulate you. You'll finally find the time and means to take a well-deserved holiday and get away from it all.



LEO An irritating situation shows up on the horizon. It would help if you made changes in your life to find happiness. Sometimes you need to shake things up.



VIRGO You must make compromises to regain harmony at home and work. After reaching agreements with future clients or partners, new achievements are coming.



LIBRA This week will be entirely devoted to working. If you're looking for a job, you'll find a demanding position that helps create better prospects for your future.



SCORPIO If you're no longer satisfied with your job, you'll make some changes and find a new one that aligns with your ambitions. You could end up in the boss's chair or start your own business.



SAGITTARIUS You'll have to tie up lots of loose ends at home. Once everything's resolved, you'll have a better relationship with your loved ones and significant other.



CAPRICORN You'll purchase a new gadget that may take a bit of time to learn how to use. You'll have to make a few trips to get all the necessary answers and find complete satisfaction.



AQUARIUS Your drive and dynamism will allow you to spoil yourself. You may earn a considerable amount of money and treat yourself to a few luxuries, including a trip or outing that impresses many.



PISCES You need to rest before taking on a new challenge. Get out of the house to break up the daily routine. You'll find inner peace if you express yourself openly and promptly.